

# ENGLISH



The Power of Nature

OPENING HOURS: **09:00 AM – 23:00 PM**

PHONE & WHATSAPP NUMBER:  
**+84 904 474 440 OR +84 935 280 284**

## Free Pick up and Drop off service

ADDRESS: TH2-23, GRAND WORLD, GANH DAU, PHU QUOC  
POSITANO 02, SUNSET TOWN, AN THOI, PHU QUOC

**HERBS SPA  
GRAND WORLD**



**HERBS SPA  
SUNSET TOWN**



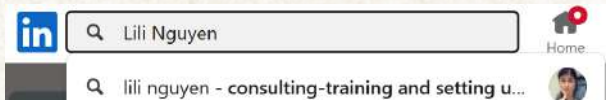
OWNER OF HERBS SPA

Ms. Lili Nguyen

20 YEARS EXPERIENCE IN HOSPITALITY INDUSTRY

- Spa and Wellness Manager at Crowne Plaza Starbay Phu Quoc
- Director of Spa and Recreation at Stelia Beach Phu Yen
- Consulting in Spa setting up, design, training at Avana Retreat Mai Chau.
- Spa and Wellness Manager at Nam Nghi Phu Quoc
- Unbound Collection by Hyatt
- Spa Trainer Manager for 34 Branches of Vingroup
- Spa and Wellness Manager at Flamingo Dai Lai resort
- Spa Trainer at Shangri-La resort in Oman
- Spa Manager at Cicilia Hotel and Spa Da Nang

LINKEDIN PROFILE



# HERBAL HEALING THERAPY

## HERBS SIGNATURE TREATMENT

Reconnect with nature, spirit and self by using local organic herbs and natural oils with the art of aromatherapy. Immerse your senses in the aromatic scents of nature for complete relaxation and restoring balance. Allows the healing properties of these herbal to penetrate and deeply nourishing the skin to create an overall sense of well-being - the way nature intended.

**60min 550,000VNĐ**

**90min 750,000VNĐ**

**120min 950,000VNĐ**

## DEEP TISSUE TOUCH

A powerful treatment designed to alleviate deepseated tension and muscular stress. This firm - to deep - pressure treatment, along with acupressure and deep movements. The perfect treatment for those seeking immediate stress relief or battling long term muscle tension.

**60min 550,000VNĐ**

**90min 750,000VNĐ**

**120min 950,000VNĐ**

## VIETNAMESE AROMATHERAPY

Relieve tension throughout the body, using traditional Vietnamese techniques combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood, oxygen and energy, for an enhanced sense of well-being, tranquility and deep relaxation.

**60min 550,000VNĐ**

**90min 750,000VNĐ**

**120min 950,000VNĐ**

## SUNBURN HEALING MASSAGE

A wonderfully soothing and calming treatment, especially designed for sun-burned, damaged skin. Our expert therapists apply a fresh, cooling aloe vera gel envelopment to reduce redness and pain.

**60min 550,000VNĐ**

**90min 750,000VNĐ**

**120min 950,000VNĐ**

## FOOT MASSAGE

To stimulate body organs and ease tired legs then experience balance and deep relaxation with this fascinating treatment, which provides physical re-newal using pressure point techniques.

**30min 250,000VNĐ**

**60min 450,000VNĐ**

**90min 650,000VNĐ**

## THAI TRADITIONAL MASSAGE

This treatment uses traditional techniques to boost energy and vitality. Relieve through gentle and flowing strokes stiff joints and stretch tired muscles. And creates a renewed sense of vitality through acupressure techniques and synchronised breathing combined.

**60min 650,000VNĐ**

**90min 850,000VNĐ**

**120min 1,050,000VNĐ**

## SUN STONE MASSAGE

A combination of an organic extra virgin olive oil and the heat of steamed Himalayan salt stone contained 84 kind of minerals, which is beneficial for your skin to revitalise and purify. At the same time the rubbing will remove all the dead skin cells and sebum, leaving you a nice, smooth and moisturized skin.

**60min 550,000VNĐ**

**90min 750,000VNĐ**

**120min 950,000VNĐ**

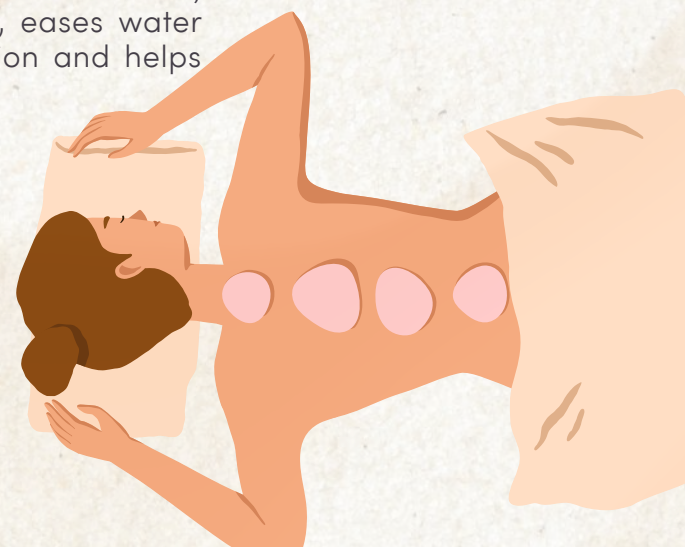
## PREGNANT TREATMENT

With highly trained therapists, this ideal therapy for expectant and nursing mothers and is beneficial throughout pregnancy as it aids in the relief of lower back discomfort, supports ligament changes, eases water retention, improves circulation and helps speed the healing process.

**60min 550,000VNĐ**

**90min 750,000VNĐ**

**120min 950,000VNĐ**





# SHORT MASSAGE

## INDIAN HEAD TREATMENT

30min 350,000VNĐ  
60min 550,000VNĐ

This highly relaxing, soothing scalp and neck massage releases tension and particularly good for reducing the effects of stress and tension, excellent for dry, dehydrated and sensitive scalps as well as improving the condition of the hair.

## BACK, NECK & SHOULDER MASSAGE

30min 350,000VNĐ  
60min 550,000VNĐ

Your shoulders will be unwind in the warm herbal pillow after enjoying a strong pressure treatment using organic pepermint oil which targets specific muscle groups and helps to soothe tension in the back, neck and shoulder.

# CHILDREN IMPORTANT

## CHILDREN BODY CARE MASSAGE

30min 250,000VNĐ  
60min 350,000VNĐ  
90min 550,000VNĐ

Apply the coconut oil to create a sweet scent. This therapy, combined with soothing care techniques and using the palms of hands to gently stroke your child, help your child to relax and falling asleep to have a sweet dream.

## CHILDREN FOOT CARE MASSAGE

30min 250,000VNĐ  
60min 350,000VNĐ  
90min 550,000VNĐ

Kids foot massage will help your child to relax after a long day of playing or after school. Additionally, the hormones secreted during massage kick-start blood circulation.

## PRINCE AND PRINCESS RELAXING

90min 650,000VNĐ  
120min 850,000VNĐ

Let your child found and enjoy the moments of relaxation, improve sleep quality, have more energy and improve focus. It starts with a mung bean exfoliation, a relaxing massage and ends with a natural face mask and hand massage. Bring a happier, healthier children.

**MUNG BEAN EXFOLIATION & COCONUT OIL & CHILD CARE TREATMENT & NATURAL MASQUE**



# GEL COLOR

## 1.MANICURE 30m 440,000VNĐ

Cuticle + Nail Trimming  
+ Nail Care + 1 Gel Color

## 2.PEDICURE 30m 480,000VNĐ

Cuticle + Nail Trimming  
+ Nail Care + 1 Gel Color



## 3.GEL REMOVAL 40m 350,000VNĐ

Gel Removal + Cuticle  
+ Nail Trimming + Nail Care

# EXTRA SERVICE

|               |           |                  |            |
|---------------|-----------|------------------|------------|
| 1.Add 1 color | 20,000VNĐ | 5.Art Decor      | 350,000VNĐ |
| 2.French      | 80,000VNĐ | 6.Gel Overlay    | 80,000VNĐ  |
| 3.Gradient    | 80,000VNĐ | 7.Tip Extensions | 380,000VNĐ |
| 4.Glitter     | 80,000VNĐ | 8.Gel Removal    | 250,000VNĐ |

# NAIL CARE

## 4. HAND CARE 30m 280,000VNĐ

Cuticle + Nail Trimming + Scrub

## 5. FOOT CARE 40m 320,000VNĐ

Cuticle + Nail Trimming + Scrub

## 6. CALLUS CARE 40m 450,000VNĐ

Callus Removal + Srcub  
+ Moisturizing

## 7. SPECIAL CALLUS CARE 60m 550,000VNĐ

Cuticle + Nail Trimming  
+ Callus Removal + Srcub  
+ Moisturizing

# KIDS GEL

## KID MANI 30m 200,000VNĐ

Nail Care + Gel Color + Sticker

## KID PEDI 30m 200,000VNĐ

Nail Care + Gel Color + Sticker

Complimentary for Kids  
Gel Color & Art Sticker  
Kid•~ Under 14 yrs old





# HAIR CARE & HAIR WASH

## BASIC HAIR WASH

Hair Wash and Blow Dry

30min 250,000VNĐ

## COMBO HAIR WASH

Hair Wash, Facial Massage, Natural Masque

45min 450,000VNĐ

## HAIR WASH AND STRESS RELIEF

Hair wash, Back, Neck & Shoulder Massage

60min 550,000VNĐ

# BODY POLISH & COCOON

## MUNG BEAN & RED BEAN DETOXIFYING BODY WRAP

A gentle dry brushing to activate and prepare the body for stimulating envelopment, which eliminates toxins, cleanses and purifies, leaving your body feeling refreshed and revitalised.

60min 650,000VNĐ

## HERBAL POWDER TONING & FIRMING BODY WRAP & EXFOLIATION

A toning and firming treatment that reduces fluid retention and improves skin texture. This full body treatment includes dry exfoliation and body envelopment to break fat formation, transforming your skin condition and offering a refined, smooth figure.

60min 650,000VNĐ



# L'APOTHIQUAIRE FACIAL TREATMENT

## BOTANICAL HEALING

This facial is perfect for oily and combination skin. Pineapple and papaya enzymes work deeply to refine and condition pores and balance the skin's oil secretion. Active natural ingredients which have anti-bacterial and healing properties such as thyme, geranium and honey will clear up your skin problems without dryness or irritation.

60min 1,050,000VNĐ

## MINERAL HYDRATOR

A truly hydrating facial with active plant and organic essential oils will infuse your skin with moisture to combat dryness, improve skin texture and skin feeling utterly soft and thoroughly moisturized. Leaving your skin instantly refreshed and appears volumized and dewy.

60min 1,050,000VNĐ

## ORGANIC BRIGHTENING

Step out with beautiful and perfectly toned skin. This facial treatment transform your skin with specially formulated floral ingredients and essential oils to reduce the appearance of skin imperfections such as hyper-pigmentation marks, age spots, acne marks and freckles, bringing fresh, clear and luminous skin.

60min 1,150,000VNĐ

## ANTIOXIDANT INFUSION

A facial acts on the first signs of aging such as changes in skin colour, thickness, elasticity, tone and smoothness, to restore youthful, radiant skin. Specially designed for ageing, lined and devitalized skins, our products uses the nourishing properties of sunflower pollen and propolis to repair skin texture and encourage skin renewal.

60min 1,150,000VNĐ





# BODY ENVELOPMENT TREATMENTS

## TROPICAL ISLAND ESCAPE

150min 1,450,000VNĐ

Rich elements of the surrounding land and sea are combined in this exclusive journey. An all over freshly grated coconut body exfoliation will then help to renew and refresh the body, leaving your skin silky soft. Drift away as we envelop you in our warm coconut wrap, complete with pressure point scalp massage. Followed by a relaxing body treatment using warm and homemade coconut oil, combined with natural herbs. This is a deeply nourishing spa experience designed to transport you to complete tranquility.

**FRESHLY GRATED COCONUT EXFOLIATION & WARM COCONUT OIL & SIGNATURE HERBS SIGNATURE & L'APOTHIQUAIRE FACIAL**



## THE SENSE OF BEAUTY

120min 1,350,000VNĐ

Allow yourself to discover the beauty of indulging treatments, deeply relaxing tired muscles after it normally hectic daily activities. and enjoy the pampering treatments that your body surely deserve. Begin your journey with a l'apothiquaire facial treatment based on your skin condition, natural masque, and scalp massage. And completing the experience with a herbs signature to relieve tension and ensure you leave in a true state of serenity.

**L'APOTHIQUAIRE FACIAL, INDIAN HEAD, NATURAL MASQUE, HERBS SIGNATURE**

## NATURAL DETOXIFYING

120min 1,150,000VNĐ

A fusion of treatments combine to create a truly detoxifying experience which will ensure you are revitalised, leaving your skin nourished and soothed and your body re-energised and cleansed. Spa therapists apply a dry brush exfoliating technique to stimulate and remove toxins from the body, features by a locally produced red bean and green tea body wrap as well as a warming massage featuring lemongrass and peppermint essential oils to further detoxify a sluggish system.

**RED BEAN & GREEN TEA EXFOLIATION & BODY WRAP , HERBS SIGNATURE**

